



CASTELLO<sub>DEL</sub>SOLE  
ASCONA

## Welcome

---

The SPA team is pleased to welcome and spoil you at  
the Castello SPA & Beauty

In addition to the listed offers, the SPA reception will  
be happy to provide you with an individual treatment  
program to suit your needs. You can reach the SPA  
reception on tel. +41 91 785 86 85.

To the Roots  
of Well-being



Castello Signature Treatments	5
Oxy Geneo+ treatment for her & him	6
Facial treatments for her & him	7
Manicure / Pedicure	8
Around the eyes	9
For a soft & smooth skin	9
Make Up	9
VinoAqua-Therapie Castello del Sole	10
Baths & Peelings	12
Anti-cellulite treatment	12
Body therapies	13
SPA massages	14
Special massages	15
SPA Suite	16
Day SPA for our external guests	17
For kids	17
Fitness & Gymnastics	18



## Castello Signature Treatments

---

### Facial treatment Vineasole Cellaktiv for him & her

Based on grape seeds, grape skin and the leaves of the grape, are sourced from the hotel's own vineyards, the "Terreni alla Maggia"

90 min – 260 CHF

### VinoAqua Therapy

Cell regenerating grape seed peeling.

Revitalizing Chardonnay bath or soothing Merlot bath. Detoxing and draining wrap and a final moisturizing body care.

105 min – 230 CHF

### Castello Moments

Relaxing massage ritual. Enjoy a warm bath at the beginning, the afterwards full body peeling will give you a silky soft skin. The perfect relaxation, a combination of a massage with warm stamps as well as slow, powerful massage strokes, inspired by the Lomi Lomi massage.

Experience a time out from everyday life.

90 min – 240 CHF

## Oxy Geneo+ treatment for her & him

---

Through stimulation, OxyGeneo+ stimulates the body to increase the oxygen supply to the treated areas. At the same time OxyGeneo+ frees the skin from old deposits and creates an optimal environment for the absorption of essential nutrients, both during and after the treatment. The new generation of wrinkle reduction, skin tightening and facial skin rejuvenation.

### Geneo+ deep exfoliation

For an amazing first result, it cleanses and exfoliates the skin for new vitality.

30 min – 105 CHF

### Geneo+ oxygen activation

Extends the short treatment. The scientifically recognized drilling effect intensively stimulates the body's own oxygen production in the cells and vitalizes the tissue. This results in a vitalized skin appearance. Mask for calming, refreshing or rejuvenating.

60 min – 220 CHF

### Geneo tripollar RF energy

Intensive treatment with Geneo+ peeling and Tripollar RF as well as ultrasound. This allows the collagen fibres to contract, resulting in an immediate tightening of the skin. In addition, the production of collagen and elastin is built up and stimulated in the long term. The mask and a short massage complete the treatment. A comprehensive recontouring of the facial oval takes place.

90 min – 300 CHF

### Geneo+ ultrasound additional treatment

To effectively infiltrate the active ingredients into the skin.

15 min – 65 CHF



## Facial treatments for her & him

---

### Individual, personalized treatments for your skin

You choose 60, 90 or 120 minutes of relaxation and well-being. Each treatment begins with a brief skin analysis by our beautician and the selection of the right, brand-specific care products of our brands Vineasole and Valmont.

60 min – 180 CHF

90 min – 260 CHF

120 min – 350 CHF

# Manicure / Pedicure

---

Classic manicure or pedicure

ca. 50 min - 95 CHF

Medical pedicure

ca. 75 min - 120 CHF

SPA manicure or pedicure

Exclusive manicure or pedicure treatment:  
bath, peeling, mask and massage .

ca. 75 min - 140 CHF

## Additional charges

with varnish	20 CHF
with French nail	40 CHF
with Gelish	40 CHF
with Gelish French nail	50 CHF
Reshaping with varnish	50 CHF
Remove Gelish	30 CHF





## For soft & smooth skin

---

### Warm wax depilation

Upper lip		25 CHF
Chin		20 CHF
Full leg	<i>according to time and effort</i>	80 CHF
Half leg	<i>according to time and effort</i>	60 CHF
Bikini	<i>according to time and effort</i>	50 CHF
Arm pits		40 CHF
Back		75 CHF
Forarms		40 CHF

## Make up

---

### Make up

*according to time and effort* 70 CHF

### Wedding make up

including a free test make up

*according to time and effort* 150 CHF

## Around the eyes

---

### Lash lifting inclusive dyeing & care

Long lasting eyelash lifting effect included

Eyelash dyeing and keratin care

ca. 60 min - 150 CHF

### More around the eyes

Dye eyelashes		40 CHF
Dye eyebrows		30 CHF
Dye eyelashes and eyebrows		55 CHF
Eyebrow shaping	<i>according to time and effort</i>	20 CHF

## Vinoaqua-therapy Castello del Sole

---

Even in the ancient world people recognised the powerful effect of the grape, and wine was used for therapeutic purposes. Today's vinotherapy however has its roots in 17th century France. Grape skin baths were used to treat sciatica, arthritis and similar complaints. In 1991, Frenchman Serge Renaud managed to prove the effect of vinotherapy scientifically. The active ingredients and fatty acids of the grape seed oil have an extremely positive effect on health: cell aging, cell regeneration, protection from free radicals, activating and stimulating to the skin. Based on grape seeds, grape skin and the leaves of the grape, are sourced from the hotel's own vineyards, the "Terreni alla Maggia"

### Vinoaqua-therapy

Cell-regenerating peeling.

Revitalising Chardonnay bath or soothing Merlot bath.

Detoxing & draining wrap.

Moisturizing body care treatment

105 min – 230 CHF

### Body peeling & care

Cell regenerating VinoAqua Peeling including a following moisturizing body care treatment

50 min – 130 CHF

### Fullbody peeling and massage

Cell renewing VinoAqua peeling including a following moisturizing body care treatment

80 min – 200 CHF

### Pack & body care

The pack has a detoxifying and draining effect. and is supplemented with a skincare for the body

60 min – 140 CHF



## Bath and peelings

---

### Hydro massage with light therapy

These bath stimulate the body system and have a regenerating effect. The underwater massage with addition of sea salt, algae and essential oils brings about excellent results.

Bath	20 min	60 CHF
Bath followed by body care treatment	30 min	90 CHF
Bath followed by a relaxing massage	75 min	180 CHF

### Peelings

Healthier & fresher skin with our full body scrubs.

You choose your favorite:

Vinoaqua grape seeds scrub	30 min	80 CHF
Sea salt peeling	30 min	80 CHF
Sugar scrub	30 min	80 CHF
Full body peeling including body care treatment	50 min	130 CHF
Full body peeling with full body massage	80 min	200 CHF

## Cellulite Treatment

---

### Minceur Intégrative

The new body contouring, Minceur Integrative from Thalgo ensures a supple skin and a defined silhouette. Individually tailored, effective ingredients and a firming massage promote the circulation and tightens the skin.

without peeling	45 min – 140 CHF
with peeling	75 min – 190 CHF

## Body Therapies

---

### Algae pack 36°

The algae has a revitalising, relaxing and detoxifying effect

without peeling	60 min – 150 CHF
with peeling	90 min – 210 CHF

### Natural sea mud pack

A mineralising exfoliating treatment that combines natural sea mud with a sea salt mix. Sourced from the heart of the Dead Sea, the sea mud is exceptionally rich in minerals such as copper, zinc and magnesium.

without peeling	60 min – 150 CHF
with peeling	75 min – 190 CHF

### Sea package

3 algae or mud packs of 60 min. each, the first with peeling of 90 min

3 treatments – 460 CHF

### Frigi Thalgo

Our summer highlight!

Forget tired and heavy legs. Try the refreshing leg wraps with soothing algae extracts, camphor and menthol to refresh, drain, tighten and vitalize.

45 min – 115 CHF  
3 treatments à ca. 45 min – 280 CHF

## SPA massages

---

### Classic massage

The classic massage serves to relax the muscles, release tension and give you new energy and vitality. Different grip techniques such as kneading, rubbing and stroking are used.

60 min – 160 CHF

75 min – 190 CHF

### Sports massage

An addition to the classic massage. It responds to the needs of sportsmen and sportswomen as well as special problems during sports. The massage is performed vigorously in order to prepare the body for the upcoming physical exertion and to stimulate the blood circulation. After sports, the massage is regenerative and relaxing.

30 min – 100 CHF

60 min – 170 CHF

### Combi massage

A combination of foot reflex zone massage and back massage

60 min – 160 CHF

### Aroma oil massage

Gentle massage for the whole body with essential oils.

To relax body and mind.

Choose your individual aroma essence

50 min – 150 CHF

### Foot reflex zone massage

The foot reflex zone massage can activate overall energy and healing powers. Various organs in the body are connected to specific points on the sole.

30 min – 100 CHF

60 min – 160 CHF

### Partial massage

Neck and back are loosened up if tense

30 min – 90 CHF

### Face massage

Pure relaxation for your facial muscles

30 min – 90 CHF

# Special massages

---

## Time for me: an individual massage

Book your individual massage and rely on the expertise and empathy of our therapists. Choose your personal massage area and intensity and experience a massage tailored to your personal needs.

60 min – 170 CHF

75 min – 210 CHF

90 min – 250 CHF

## Shiatsu

A gentle, deep-acting thumb-pressure massage according to the Far Eastern tradition that harmonizes body, mind and soul. This holistic treatment has a positive effect on all energy levels and is performed on a futon, the guest remains clothed.

75 min – 200 CHF

90 min – 240 CHF

## Couples massage You & Me

Together, relax and enjoy a classic full body massage for two.

60 min – 350 CHF

75 min – 410 CHF

## Lymphatic massage

The manual lymphatic drainage is a massage technique that stimulates the lymphatic system and therewith the drainage and detoxification of the tissue

60 min – 160 CHF

## Lomi Lomi

The traditional hawaiian ritual massage releases blockades on a physical level and restores the harmony of body, mind and soul. A lot of oil is used in the flowing movements from head to toe

75 min – 200 CHF

## Hot Stone Back

Back massage with hot stones stimulates blood flow and loosens up muscles.

45 min – 140 CHF

## Hot Stone Body

The intense warmth of the stones in combination with warm, fragrant oils has a calming and relaxing effect on body and mind. The soothing effect of the hot stone massage has been appreciated for thousands of years.

90 min – 250 CHF

## SPA suite

---

Our SPA suite offers you a very private and unforgettable luxury. Let yourself be spoiled directly in the SPA suite with treatments or culinary delicacies. Children up to the age of twelve are welcome in the SPA suite free of charge.

Our spa team will be happy to inform you.

SPA suite Onsernone, 69m<sup>2</sup> for 2 persons

Whirlpool, steam bath and sauna

120 min – 300 CHF

Per additional person - 50 CHF

Each additional hour - 100 CHF

Per additional person- 25 CHF

Onsernone special

2 hours SPA suite for 2 people incl. 2 aroma oil massages

600 CHF





## Day-SPA for our external guests

---

Spend an unforgettable day at the Castello SPA & Beauty and let yourself be spoiled.

### Full Day-SPA (8 hours)

Basic	110 CHF
Including breakfast or lunch (2 courses)	150 CHF

### Half Day-SPA (4 hours)

Basic	80 CHF
In combination with a treatment (min. 60min.)	+50 CHF
Including breakfast or lunch (2 courses)	120 CHF

### Children up to 16 years

Access only to the swimming pool area	30 CHF
---------------------------------------	--------

### Subscription

5 entrances full Day-SPA	490 CHF
5 entrances half Day-SPA	365 CHF

## For our junior guests

---

### Teenie facial treatment

Gentle facial treatment especially for young skin.

Up to 17 years. 30 min – 90 CHF

### Kids manicure or pedicure

Hand- or foot care with trendy varnish.

Up to 12 years. 30 min – 60 CHF

### Castello Kids-Massage

Relaxing full body massage.

Up to 12 years. 30 min – 70 CHF

## Fitness and gymnastics

---

### Personal training

Yoga, gymnastics for the back, stretching, Pilates, etc

for one person 30 min – 90 CHF  
50 min – 150 CHF

for two people 30 min – 110 CHF  
50 min – 160 CHF

### Technogym equipment explanation

with our personal trainer and  
individual training

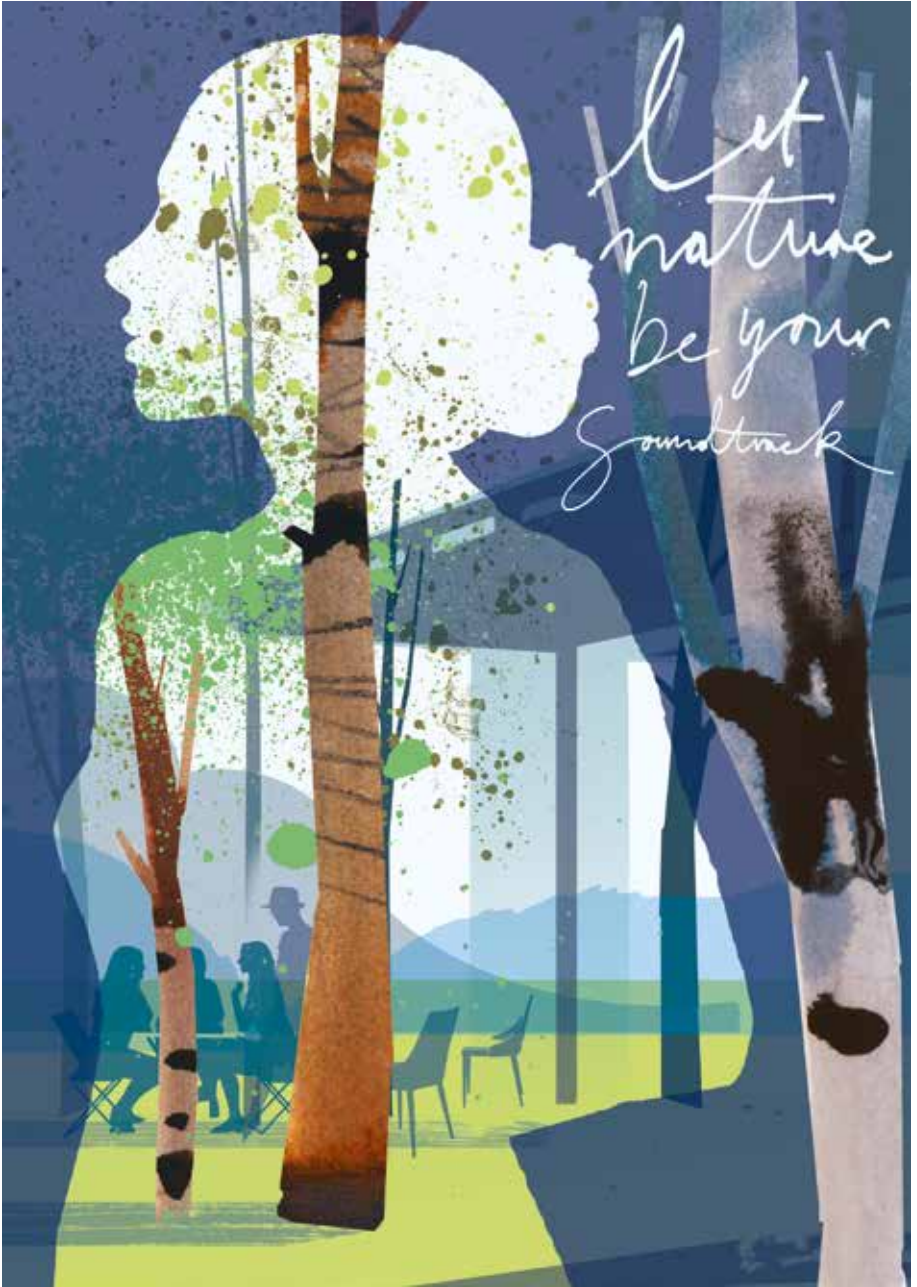
50 min – 140 CHF

### Power Plate

including advice and instruction by  
our personal trainer

20 min – 60 CHF





**In order for you to enjoy your stay at the Castello SPA & Beauty, we would like to draw your attention to the following points:**

**Take your time**

In order for your body and mind to be properly prepared, we recommend that you arrive at Castello SPA&Beauty in your bathrobe ten minutes before your treatment starts. During this time we ask you to inform us of any health particularities. For our massages and body treatments we will provide you with a single-use slip. For treatments such as Shiatsu, we will provide you with the required clothing in advance. Out of consideration for our other guests, we ask that you refrain from using cell phones and tablets. Animals do not have access to the SPA.

**External guests**

Are always cordially welcome to the Castello SPA&Beauty for treatments according to our SPA menu or as a day guest to the Day SPA. We provide you with a bathrobe, slippers and towels. You are welcome to change your clothes in our changing room.

**Beauty products to use at home**

Would you like to treat yourself also at home? The SPA reception offers various products of VINEASOLE, VALMONT, THALGO, MORGAN TAYLOR, BARELUXURY and GLOMINERALS

**Gift voucher**

Surprise your loved ones with a Castello SPA&Beauty. The SPA team is happy to advise you.

**Cancellations**

Services that are cancelled less than 24 hours before will be charged at 50% of the original amount; in case of no-show the whole amount will be charged.

**Prices**

Prices are in CHF incl. VAT. We reserve the right to change prices.

**Minimum age**

Children are welcome in the swimming pool area from the first day of their life. Children from 12 years are allowed to use the Fitness in company of an adult. Please let precedence to the other adults. The access to our SPA&Beauty is permitted from the age of 16!

**Opening hours**

Swimming pool & Fitness	07.00 – 20.00
Sauna area	09.00 – 19.30
Treatments	09.00 – 19.00