



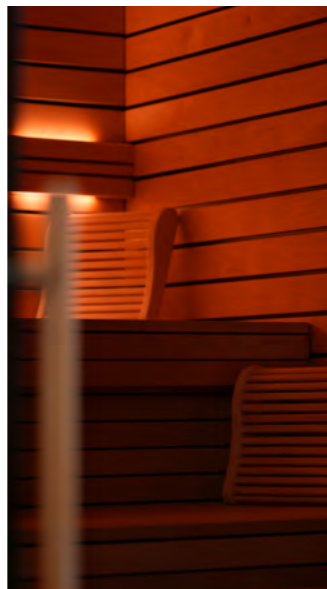
CASTELLO_{DEL}SOLE

ASCONA

BY THE LIVING CIRCLE



CASTELLO DEL
SOLE
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OUR SPA OFFERINGS

- 6 **Signature Treatments**
Small and large moments of relaxation
- 8 **Balance & Regeneration**
Calm, relaxation, physical harmony
- 12 **Glow & Care**
Radiant skin, renewed energy
- 14 **Hands & Feet**
Well-groomed hands and feet
- 15 **Beauty Highlights**
Details that make the difference
- 19 **Hairdressing Experience**
Individual styling and care experiences
- 20 **Movement & Mindfulness**
Personal Coaching, Yoga & Fitness
- 22 **Private Moments & Resort Feeling**
SPA Suite Onsernone & offers for external guests
- 24 **Membership**
SPA subscriptions & membership offers
- 26 **Good to know**
Spa etiquette & information

Welcome to
Castello del Sole SPA & Beauty

Here, you are invited to fully arrive – in your moment, in your body, in your own being. Release, breathe deeply, and let the serenity of this extraordinary place wash over you. Every moment is an invitation to awaken your senses. Every touch gently guides you back to lightness and harmony. Our team accompanies you with care and a holistic approach, blending sensitivity, experience, and respect for your rhythm.

Amid soft breezes and the sweeping beauty of Lake Maggiore, moments of profound relaxation naturally unfold. A place where time loses its meaning, and well-being becomes a true art.

SIGNATURE TREATMENTS

Our Signature Treatments are distinctive wellness experiences designed to nurture body, mind, and soul in perfect harmony. Each session blends mindful touch, natural essences, and comforting warmth to encourage deep release and holistic wellbeing.

VinoAqua Ritual

The power of the grape – experienced in a regenerating ritual using grapes from the hotel’s own vineyards at *Cantina alla Maggia*. A cell-renewing grape seed scrub prepares the skin for a detoxifying wrap. You then choose between a revitalizing Chardonnay bath or a calming Merlot bath. Finally, the skin is pampered with a deeply moisturizing treatment.

90 min | CHF 230 | 80 min | CHF 180 (without bath)

Castello Moments

A soothing full-body ritual for profound relaxation. A gentle scrub leaves the skin silky smooth. The subsequent massage – inspired by Lomi Lomi – combines warm poultices, slow strokes, and powerful movements, creating a sense of security and total relaxation.

90 min | CHF 240

Castello Harmony

This comprehensive treatment combines singing bowls, hot stones, Ayurvedic techniques, and craniosacral elements. Pure essential oils harmonize body and mind, release tension, and calm the nervous system. A ritual for deep relaxation and inner balance.

90 min | CHF 250 | 105 min | CHF 230

6

7



BALANCE & REGENERATION

BATHS, SCRUBS & BODY WRAPS

Deep relaxation and regeneration for body and mind – through baths, scrubs, and body wraps.

Bath Rituals *20 min | CHF 60*

Scrubs *30 min | CHF 80*

Sea Salt Scrub, Herbal Scrub with Hay Flowers, Coffee Toning Body Scrub



BODY WRAPS – TEAM DR. JOSEPH METHOD

- Calming Body Wrap | relaxing and soothing
- Moisturizing Body Wrap | intensive hydration and care
- Skin Repair Anti-Aging Body Wrap | pure regeneration and care
- Sport & Vitality Body Wrap | invigorating and energizing

30 min | CHF 90

8



BODY TREATMENTS – TEAM DR. JOSEPH METHOD

Specially developed treatments that firm, decongest, and revitalize. Gentle massages, scrubs, and natural active ingredients provide visible results and beautifully cared-for skin.

Detoxifying Cellulite Treatment

Featuring cupping techniques, an invigorating foot bath, and body scrub; optionally with algae wrap.

60 min | 90 min | CHF 170 | CHF 230

Revitalizing and Firming Abdomen Treatment

Firms the midsection, improving skin tone and contour.

60 min | CHF 170

Firming and Toning Bodymassage

Stimulating and firming, including an intensive scrub for silky-smooth skin.

60 min | CHF 170

Dynamic Feet & Legs Massage

Invigorating, relieving, and revitalizing for legs and feet.

50 min | CHF 150

BALANCE & REGENERATION

Our massages promote relaxation, regeneration, and well-being. Mindful techniques, natural oils, and soothing warmth release tension and bring body and mind into balance.

CLASSIC & HOLISTIC MASSAGES

Activating Deep Massage

Intense and powerful – releases deep tension and restores vitality.

60 min | CHF 190

Aroma Oil Massage

Gentle, harmonizing massage with organic aroma oils. Choose from Deep Relax, Vitalizing, or Firming & Toning.

50 min | 80 min | CHF 150 | CHF 240

“Time for Me” – Personalized Massage

A massage tailored to your individual needs: choose intensity, technique, and focus.

60 min | 75 min | 90 min | CHF 180 | CHF 210 | CHF 250

Back Massage

Targeted massage to release back tension. Optionally enhanced with cupping and singing bowls to support spinal dynamics.

50 min | CHF 165

Head–Neck–Shoulder Massage

Relieves tension in the upper back and clears the mind – using gentle, soothing techniques.

50 min | CHF 150

Foot Reflexology Massage

Pressure-point massage that stimulates energy flow, strengthens the immune system, and balances body awareness. (Includes foot bath)

50 min | CHF 150

Lymphatic Drainage

Gentle manual technique to relieve congestion and detoxify the tissues.

60 min | CHF 180

Combination Massage

A blend of foot reflexology and back massage – for complete holistic relaxation.

60 min | CHF 180

Moments of Harmony for Motherhood

A special ritual designed with the utmost care to meet the needs of pregnancy.

50 min | 80 min | CHF 150 | CHF 240

Holistic Face & Body Treatment

A luxurious pampering ritual for body, mind, and soul – including revitalizing facial and body massages with individually tailored care.

80 min | CHF 240

10

11

FAR EASTERN & TRADITIONAL MASSAGES

Shiatsu

Holistic acupressure massage performed on a futon – harmonizes body, mind, and energy flow.

75 min | 90 min | CHF 200 | CHF 240

Traditional Thai Massage

Stretches, acupressure, and mobilization along energy lines – powerful, invigorating, and grounding.

75 min | 90 min | CHF 200 | CHF 240

Abhyanga

Ayurvedic full-body massage with warm herbal oils for deep relaxation and inner harmony.

90 min | CHF 250

Lomi Lomi

Hawaiian ritual massage with flowing, gentle movements – releases blockages and creates a sense of comfort and security.

90 min | CHF 250

SOOTHING WARMTH

Hot Stone Back

Relaxing heat treatment for back and neck – ideal for stress relief.

45 min | CHF 140

Hot Stone Body

Full-body ritual with warm stones and aromatic oils for deep relaxation and rejuvenation.

90 min | CHF 250



GLOW & CARE

TEAM DR. JOSEPH – FACIAL TREATMENTS

Intense Purifying – Deep Cleansing

Clarifying treatment for a fresh, pure complexion. Deep pore cleansing, refined skin texture, and renewed lightness.

60 min | CHF 210

Cellular Recreation – Intensive Care

Individually tailored active ingredient treatment for visibly radiant skin. Smooths, soothes, and strengthens the skin.

90 min | CHF 260

Advanced Bio Lifting – Maximum Lifting Effect

Regenerating high-tech natural skincare with sculpting lifting massage. Firms, revitalizes, and instantly gives the skin a younger appearance

120 min | CHF 350

Youngster Facial Treatment

Gentle facial treatment with natural high-tech products from TEAM DR. JOSEPH, tailored to the needs of young skin (ages 12–16).

50 min | CHF 150



12

13

VALMONT FACIAL TREATMENTS

Hydration · Energy · Lumi · Lift · Firm Boost

Individually tailored treatment based on your skin's needs – deeply nourishing and revitalizing.

60 min | CHF 240

Regenerating Mask Treatment

Restorative ritual featuring a collagen mask and relaxing massage – nourishing, fortifying, and soothing.

90 min | CHF 300

L'Elixir des Glaciers

Luxurious signature treatment for face, neck, and décolleté. Nourishing, sculpting, and deeply relaxing – for visibly smoother, strengthened skin.

120 min | CHF 390

OXYGENEO+ FACIAL TREATMENTS

GeneO+ Oxygen – Deep Cleansing & Oxygen Boost

Gentle skin renewal with an intensive oxygen effect for a smooth, radiant complexion.

60 min | CHF 220

GeneO+ Tripollar RF – Firming & Regeneration

Combined GeneO+ treatment with radiofrequency and ultrasound for immediate firming and long-lasting improved contours.

90 min | CHF 300

GeneO+ Golden GLAM – Luxury Glow

Regenerating premium treatment with a lifting effect and intensive hydration for maximum radiance.

90 min | CHF 330

HANDS & FEET

SPA MANICURE & PEDICURE BY KINETICS

Indulgent care for hands and feet using the professional Kinetics care line. Refined textures, selected ingredients and delicate fragrances leave the skin feeling nourished, revitalised and beautifully smooth.

A pampering ritual for your hands or feet

Manicure

approx. 60 min | CHF 100

Pedicure

approx. 75 min | CHF 120

Optional with nail polish or gel polish
CHF 20 | CHF 40

Medical Pedicure

Professional, medically oriented foot care for sustainably well-groomed feet.

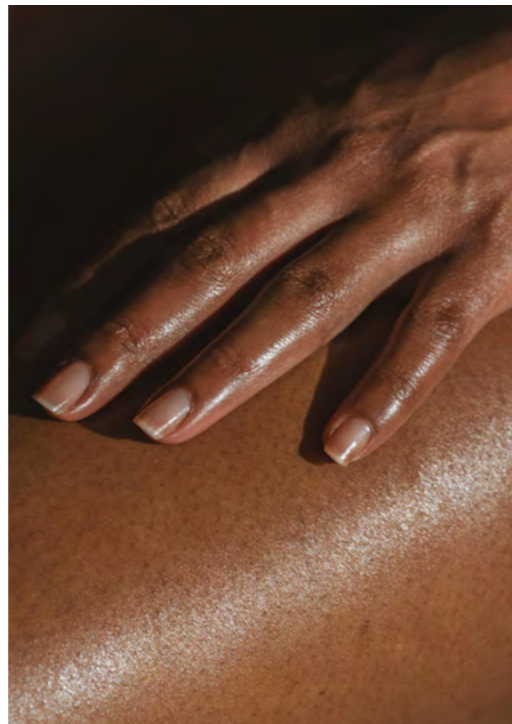
approx. 75 min | CHF 130

Optional with nail polish or gel polish
CHF 20 | CHF 40

Kids Mani or Pedicure

Gentle hand or foot care with trendy nail polish, for children up to 12 years.

approx. 30 min | CHF 60



14

15

BEAUTY HIGHLIGHTS

Make-Up

Day Make-Up

45 min | CHF 80

Evening Make-Up

60 min | CHF 100

Bridal Make-Up including one trial session, priced according to effort, from CHF 160.

Waxing

Upper lip

CHF 25

Chin / Ears / Nose

each *CHF 25*

Full leg

from *CHF 80*

Half leg (partial)

from *CHF 60*

Bikini

from *CHF 60*

Underarms / Forearms

CHF 40

Back / Chest

each *CHF 75*

Lash Lifting incl. Tint & Care

Long-lasting lifting effect with keratin treatment
approx. 60 min | CHF 150

Brow Lifting incl. Tint

Shapes and lifts the brows for a naturally defined, expressive look
approx. 60 min | CHF 150

Eye Care & Tinting

Lash or brow tint
CHF 40

Lash & brow tint + shaping
CHF 80

Brow shaping priced according to effort
from CHF 30



HAIRDRESSING EXPERIENCE

Treat your hair to special attention! Our hairdressers pamper, care for, and style your hair using first-class products and extensive expertise. Enjoy a personal consultation and a relaxing moment that lets your natural beauty shine.

LADIES

19

Wash & Blow-Dry	<i>from CHF 70 to CHF 120</i>
Wash, Cut & Blow-Dry	<i>from CHF 105 to CHF 140</i>
Styling	<i>from CHF 40 to CHF 60</i>
Sunkiss	<i>from CHF 40 to CHF 60</i>
Color	<i>from CHF 85 to CHF 105</i>
Highlights	<i>from CHF 95 to CHF 115</i>
Highlights & Color	<i>from CHF 105 to CHF 125</i>
Bridal Trial Hairstyle	<i>from CHF 80 to CHF 120</i>
Bridal Hairstyle	<i>from CHF 170 to CHF 250</i>
Care Ritual	<i>from CHF 50 to CHF 70</i>

MEN

Wash & cut	<i>CHF 70</i>
Shaping	<i>CHF 45</i>
Beard Trim	<i>CHF 45</i>
Color	<i>CHF 55</i>
Highlights	<i>CHF 45</i>

KIDS

Girls up to 12 years	<i>from CHF 50 to CHF 70</i>
Boys up to 12 years	<i>CHF 50</i>

MOVEMENT & MINDFULNESS

PERSONAL TRAINING PILATES AND YOGA

Individual training for strength, posture, and inner balance

Pilates strengthens the core and deep muscles, while Yoga complements with flexibility, breathing, and mindfulness.

<i>for one person</i>	<i>50 min CHF 150</i>
<i>for two persons</i>	<i>50 min CHF 180</i>
<i>5-session Personal Training Card</i>	<i>50 min CHF 750</i>
<i>10-session Personal Training Card</i>	<i>50 min CHF 1'400</i>

Pilates Reformer

Intensive, low-impact full-body training with the Reformer. The spring system allows for precise strengthening, mobilization, and varied exercise sequences.

<i>for one person</i>	<i>50 min CHF 170</i>
<i>5-session Personal Training Card</i>	<i>50 min CHF 850</i>
<i>10-session Personal Training Card</i>	<i>50 min CHF 1'600</i>

Technogym Equipment Introduction

Individual training and guidance with our personal trainer.

50 min | CHF 150

Power Plate Usage including guidance and instruction by our personal trainer.

20 min | CHF 60

20

21



SPA-SUITE

Enjoy private luxury in our SPA Suite, set in a serene, harmonious atmosphere – far from everyday life, for the deepest relaxation.

Our spa team will be happy to provide further information.

SPA-SUITE ONSERNONE

69sqm for 2 persons with whirlpool, steam bath and sauna

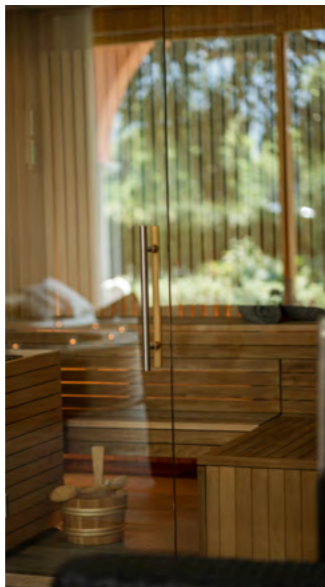
120 min | CHF 350

Additional person (max. 2 persons)	CHF 50
Each additional hour	CHF 100
Additional person per hour	CHF 25

ONSERNONE-SPECIAL

2 hours in the SPA Suite for two persons, including two 50-minute aroma oil massages

CHF 650



23

RESORT FEELING FOR EXTERNAL GUESTS

Spend an unforgettable day at *Castello SPA & Beauty* and allow yourself to be completely pampered.

Short Resort Feeling

Use of the resort for half a day (4 hours)

Accessories for your wellness day – bathrobe, slippers, and towels CHF 95 per person

including breakfast at *Ristorante Tre Stagioni* or a lunch menu at *Ristorante Al Parco* CHF 145 per person

Entry (4 hours) following a 60-minute treatment CHF 50

Daily Resort Feeling

Use of the resort for a full day (8 hours)*

Accessories for your wellness day – bathrobe, slippers, and towels CHF 130 per person

including breakfast at *Ristorante Tre Stagioni* or a lunch menu at *Ristorante Al Parco* CHF 180 per person

Children and Teenagers up to 16 Years

Access to the swimming pool only CHF 40

Subscriptions

5 Short Resort Feeling entries (4 hours) CHF 405

5 Daily Resort Feeling entries (8 hours) CHF 550

*10% off spa & beauty treatments from 9:00 a.m. to 1:00 p.m.

YOUR GETAWAY AT *CASTELLO DEL SOLE* – SEASONAL MEMBERSHIPS

Acqua Member

Access to the pool area and private beach, 10% off Spa & Beauty treatments from 9:00 a.m. to 1:00 p.m., plus a credit of CHF 200 redeemable at *Castello SPA & Beauty* for treatments and/or cosmetic products. Accessories for your comfort (bathrobe, slippers, and towels) and changing facilities included.

CHF 2'100 per person

Acqua & Fitness Member

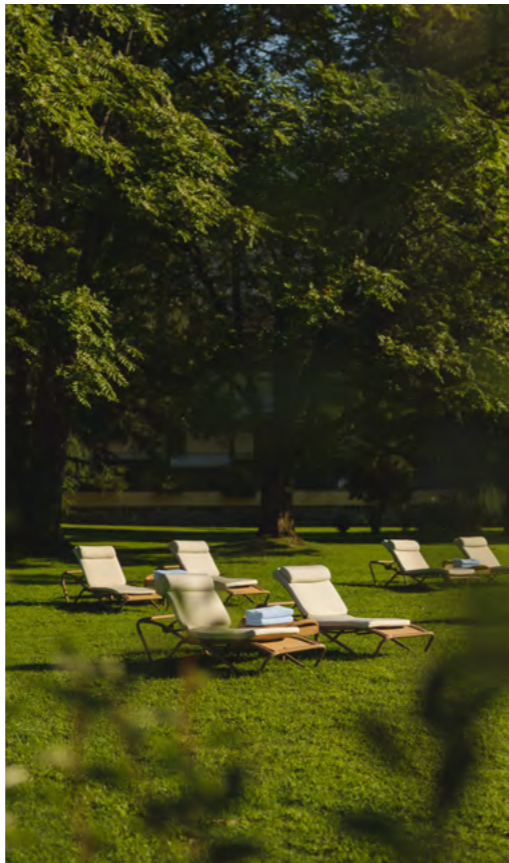
Access to the pool area, fitness room, and private beach, 10% off Spa & Beauty treatments from 9:00 a.m. to 1:00 p.m., plus a CHF 200 credit redeemable at *Castello SPA & Beauty* for treatments and/or cosmetic products. Accessories for your comfort (bathrobe, slippers, and towels) and changing facilities included. Participation in the daily changing fitness program.

CHF 2'450 per person

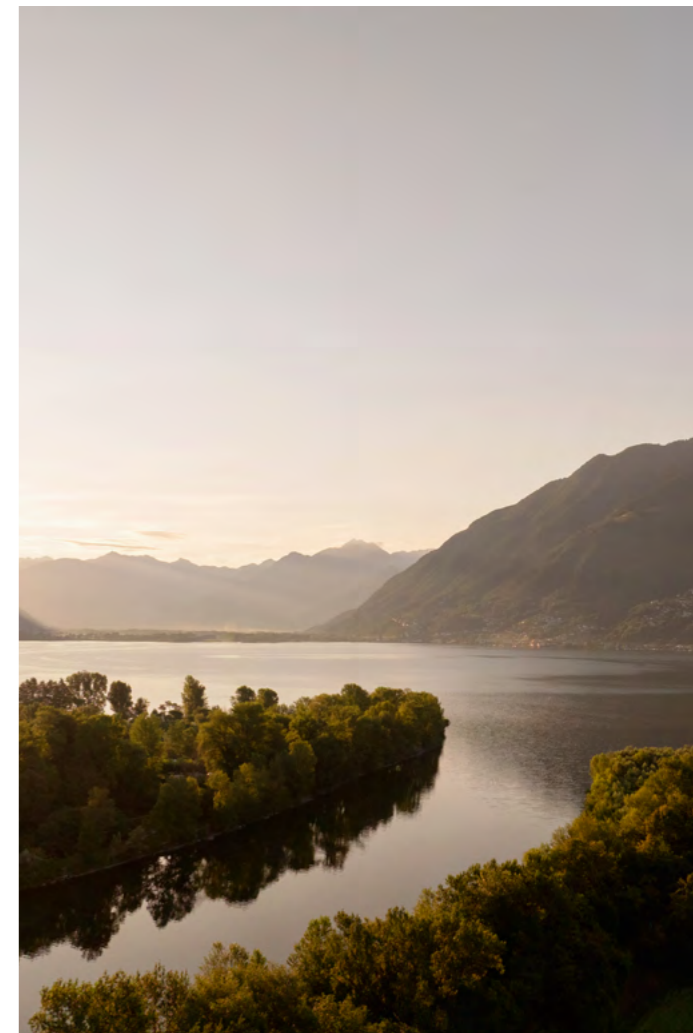
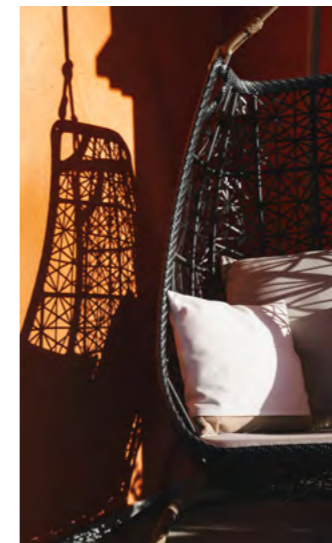
VIP Member

Unlimited access to *Castello SPA & Beauty*, including the pool area, various saunas (bio-sauna and Finnish sauna), steam bath, Kneipp course, and private beach. Participation in the daily changing fitness program, 15% off Spa & Beauty treatments from 9:00 a.m. to 1:00 p.m. Includes 2 *Castello del Sole* breakfast experiences, 2 lunch menus at *Ristorante Al Parco* (excluding drinks), and one 50-minute personal training session with our personal trainer. Accessories for your comfort – bathrobe, slippers, and towels – and a locker for the entire season.

CHF 2'900 per person



24



GOOD TO KNOW

To ensure you can fully enjoy your stay at *Castello SPA & Beauty*, we would like to draw your attention to the following points:

Take your time

For optimal preparation of body and mind, we recommend arriving at *Castello SPA & Beauty* in your bathrobe at least ten minutes before your treatment begins. During this time, please inform us of any relevant health conditions. In case of delays, treatments cannot be extended beyond the scheduled time. If you arrive later than booked, your treatment time will be accordingly shortened. For massages and body treatments, we provide a disposable undergarment. For Shiatsu and Thai massages, comfortable clothing is provided upon request.

SPA Etiquette

Out of consideration for other guests, we kindly ask that you refrain from phone calls and keep mobile devices on silent during your stay in the SPA. Photography and filming of other guests is prohibited throughout the SPA. Please speak quietly in all areas to preserve the tranquility of the environment. Animals are not permitted in the SPA.

External Guests

We welcome external guests by prior arrangement. Enjoy treatments from our SPA menu or relax as a day guest and experience the Resort Feeling with our DAY-SPA offerings. Bathrobe, slippers, towels, and a lockable wardrobe are provided.

26

27

Sauna

For hygienic reasons, please use the sauna cabins without clothing and with the provided towels. For privacy, a Hammam towel is available upon request.

Cancellations

Please notify us of cancellations or changes at least 24 hours in advance by phone at *+41 91 785 86 85* or by email at *spa@castellodelsole.com* to avoid cancellation fees. Services cancelled less than 24 hours before the scheduled appointment will be charged at 50% of the treatment price. No-shows will be charged in full.

Prices

All prices are in Swiss Francs, including VAT. Prices are subject to change.

Minimum Age

Children are welcome in our pool area from the first day of life. The pool area is available to children (under the supervision of a guardian) from 10:00 a.m. to 6:00 p.m. Please respect other guests. Children aged 12 and above may use the fitness room when accompanied by an adult, giving priority to adult guests. Access to our SPA (saunas, steam bath, and hydro pool) is permitted from 16 years of age.

OPENING HOURS

Pool & Fitness

07:00 a.m. to 8:00 p.m.

Sauna Area

09:00 a.m. to 7:30 p.m.

Treatments

09:00 a.m. to 7:00 p.m.

Hairdressing

Monday to Saturday by appointment

Sauna

*1:00 p.m. to 7:30 p.m.**

**By request and prior arrangement (approx. 30 minutes in advance), we are happy to start the sauna and steam bath at your preferred time.*